

The Life of Christ in the Psalms
Book One: Psalm 1-41
“A Prayer for God’s Mercy”
(The Conquering Power of Confessing Sin)
Psalm 6:

MBC:AM; 12;27-15; O19-09

Introduction:

1. The Great Problem of Unconfessed Sin. Psalm 6:1-7

- A sense of loss of God’s approval and favor. Verse 1a
- A sense of God’s wrath or chastening. Verse 1b
- A sense of loss of strength. Verse 2
- A sense of loss of peace. Verse 2b,3
- A sense of loss of God’s presence. Verse 4
- A sense of loss of purpose for living. Verse 5
- A sense of loss of restful sleep. Verse 6
- A sense of great grief. Verse 7

2. The Great Power of Confessed Sin. Psalm 6:8-10

- A sense of victory in a renewed identity. Verse 8
- A sense of confidence God has heard and received my prayer. Verse 8b,9
- A sense of gratitude for God’s deliverance. Verse 10

Moment of Decision: